



7th Youth Leadership Camp

10-16 July 2017

Wonderland Cluj Resort, Cluj-Napoca
Romania

In collaboration with
Federatia Romana de Diabet, Nutritie si Boli Metabolice



	Monday 10 July	Tuesday 11 July	Wednesday 12 July	Thursday 13 July	Friday 14 July	Saturday 15 July	
7h30– 8h00	A r r i v a l d a y	Morning physical activity– Optional– I. Vlasenko					
8h00– 8h30		Shower					
8h30 - 9h30		Breakfast					
9h30 - 11h00		Opening– Who is IDF Europe/What we want to do? S. Karadeniz via Skype & Board Member	Workshop– Communication and social media for campaigning– W. Kowalska & C. Petrut	Workshop– How to work with partners? Moderator: Kyle J. Rose– Panel: Corporate partners	Workshop– Advocacy/mobilizing youth for diabetes– Kyle J. Rose & E. Woodford (Skype)	Workshop– Project Management (activities around WDD) E. Dupont	
11h00– 11h30		Coffee break					
11h30 - 12h30		Physical activity - Introduction & warm up - Kyle J. Rose	Physical activity (Basket ball) - Kyle J. Rose & Young participant	4 Youth presentations	Physical activity (Swimming) Jelisaveta Fotč	Physical activity (Young participant)	
12h30 - 13h00		Free time					
13h00 - 14h00		Lunch					
14h00 - 15h00		Assoc. Prof. I A. Veresiu, President, Federatia Romana de Diabet, Nutritie si Boli Metabolice & Dr Diana Paun, State Secretary, I. Iosep, 2016 IDFE YLC participant	Youth activities around Europe and beyond D. Rahelic & C. Petrut	Excursion to Salt Mine in Turda and to Cluj-Napoca city center - Prevention & awareness event including flash mob and blood glucose testing 	Prescribing physical activity to overcome the feat of diabetes I. Vlasenko & Kyle J. Rose	Health care in Europe– Trends in Diabetes (Map) I. Vlasenko	
		10 minutes re-energizing break			10 minutes re-energizing break		
15h00– 16h00		Presentation skills (role plays) C. Petrut	Leadership (questionnaire & role plays) C. Petrut/I. Vlasenko/K.J. Rose		Discrimination: how to promote changes? C. Petrut		Inspirational lecture Joao Manuel Valente Nabais
16h00– 16h30		Coffee break					
16h30– 17h30		4 youth presentations	4 youth presentations	4 youth presentations		4 youth presentations	
17h30– 19h00		Physical activities (Volley ball) Kyle J. Rose & Young participant	Physical activities (Cycling) Kyle J. Rose & Young participant	Physical activities (Walk)		Physical activities (Sport games) Joao Manuel Valente Nabais	
19h00– 20h00	IDF E team meeting	Shower & free time					
20h00– 21h00	Dinner	Dinner					
21h00 -22h00	Team building game	Movie night– C. Petrut	4 youth presentations	Living with diabetes & taboo forum C. Petrut & young participants		Closing ceremony and party I. Vlasenko	





**International
Diabetes Federation**
Europe



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With thanks to

The Lilly logo, written in a red, cursive script font.

The FEND logo, written in a blue, sans-serif font with wide letter spacing. Below it, the text "Foundation of European Nurses in Diabetes" is written in a smaller, blue, sans-serif font.

Contact

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